

Texas Eye Surgery Center

Pre-op Instructions

- Nothing to eat or drink 6 hours prior to your arrival
- Take your blood pressure, heart and breathing medicine before you leave home with a sip of water.
- If you are on a water pill, do not take it the morning of surgery
- If you are a diabetic, do not take any diabetic medication the day of surgery. If you take insulin, take only ½ the dose the night before surgery
- If you take a Coumadin, Plavix or Aspirin continue taking them as directed
- Bring a list of your medications including dosages and how often you take them
- Wear a short sleeve, button down shirt. Do not wear an undershirt / tee shirt as we will be connecting you to a heart monitor
- Leave all jewelry at home
- Do not wear makeup or face moisturizer the day of surgery
- If you wear contacts, leave them at home
- If you have hearing aids, bring your hearing aide case with you
- You will be here for approximately 1-2 hours the day of surgery
- You will need someone who can stay in our facility during your surgery and drive you home after your surgery. If this is a problem, please discuss this with the Pre-op nurse
- Bring a photo ID and your Insurance cards the day of surgery
- **On the day of surgery, put in one set of eye drops before you leave home**
- **If you are a diabetic, check your blood sugar prior to leaving home**

THE DAY BEFORE YOUR SURGERY

**You will receive a call from TESC confirming your arrival time.
Your arrival time may fluctuate due to unanticipated last minute schedule changes**

Location of Texas Eye Surgery Center

**1872 Norwood Dr.
Suite 100
Hurst, TX 76054
817-554-0200**